



APPENDIX 1: Mountain of Hell Kids rules and regulations

Participation

The competition is open to all competitors aged between 9 and 14 in the current year. The competition is open to both licensed and non-licensed competitors who have presented a medical certificate less than a year old stating that they are fit to ride mountain bikes in competition.

Each participant must also be able to demonstrate a sufficient technical level to take part in this competition.

Forward Programme

Thursday 19 June 2025	8am-7pm	Plaque collection - Palais des sports
Friday 20 June 2025	8.30am-1pm / 4pm-7pm	Plaque collection - Palais des sports
Saturday 21 June 2025	8.30 a.m. to 11 a.m.	Plaque collection - Palais des sports
	9am-3pm	Free recognition
	16h	MOH Kids Final
	18h30	MOH Kids prize-giving ceremony - Place des 2 Alpes (or Palais des Sports in case of bad weather)
Sunday 22 June 2025	8h	Boarding the Jandri 3S gondola lift
	9h	Departure from the MOH as a spectator, followed by a mountain bike experience on snow supervised by professionals.
	12h	Meal - Palais des Sports

Programme subject to change

How to register

Registrations

Registrations can only be made online at <https://www.yaka-inscription.com/mountainofhell2025>. No on-site registration will be accepted.

For all participants (with or without a licence), the registration fee is €50 (including 2-day mountain bike pass and insurance costs, excluding administration costs).

The 2-day mountain bike passes included in the registration are valid on 21 and 22 June 2025 for the MOH Kids.

These registration fees are non-refundable. Cancellation/refund insurance is available at a single cost of €10 per registration (see 4.4 of these regulations).

Online registration closes on 17/06/2025 at 23:59.

Each registration is nominative and non-transferable.

Please respect the following table when registering online (correspondence between year of birth and categories for 2025):

Category	<i>FFC category designation</i>	Age	Year of birth
KIDS 9/10 F	<i>Pupil girls</i>	09/10	2016 à 2015
KIDS 9/10 H	<i>Pupil boys</i>	09/10	2016 à 2015
KIDS 11/12 F	<i>Benjamines</i>	11/12	2014 à 2013
KIDS 11/12 H	<i>Benjamins</i>	11/12	2014 à 2013
KIDS 13/14 F	<i>Minimes girls</i>	13/14	2012 à 2011
KIDS 13/14 F	<i>Minimes boys</i>	13/14	2012 à 2011

Removing the plates

Plates will be collected from the Palais des Sports des 2 Alpes on the dates and times specified in the MOH Kids race programme above.

Participants in the "Mountain Of Hell Kids" must present a medical certificate stating that they are not contraindicated in practising the sport or discipline concerned in competition, dated less than one year (or, failing that, present an FFC or UCI licence for the current year).

Test format

Course recognition

The events will take place on the Bikepark des 2 Alpes but also on paths outside the Bikepark. Participants must reconnoitre the course on their bikes before the start of the competition. This reconnaissance is scheduled for Saturday 21 June from 9am to 3pm.

It is forbidden to train on the course outside the official timetable. If you do so, you will be disqualified, as the course will be under preparation that morning. It is compulsory to arrive at the start of the course with the race plate attached to the mountain bike, even during reconnaissance periods.

MOH Kids race

The race will take place on Saturday 21 June at 4pm. Participants will take part in a mass start by age category.

MOH Kids snow activities

Sunday 22 June at 9am: registration for the MOH Kids race gives you the chance to watch the start of the MOH as a spectator and then take part in a mountain bike on snow activity supervised by professionals (boarding the Jandri 3S gondola at 8am).

Ranking

Categories

Only three categories will be considered:

- Pupils: boys and girls aged 9 and 10*.
- Benjamins: boys and girls aged 11 and 12*.
- Minimes: boys and girls aged 13 and 14*.

*Only the year of birth is taken into account for category assignment.

Awards

The organisers reserve the right to allocate the prize-giving prizes according to the categories represented during the event and guarantee at least one prize to the first-placed riders in each category.

Drivers who fail to attend the official prize-giving ceremony will forfeit any prizes and medals awarded to them.

Hardware

Technical checks

Mountain bikes must be in good general condition, with a crack-free frame and brakes in good working order. Fatbikes are not permitted on the Les 2 Alpes mountain bike area. Electric mountain bikes must have their batteries removed if they can be removed. Otherwise, they will not be allowed to take part in the Mountain Of Hell Kids.

Technical inspections may be carried out at any time.

If the organisers detect an ATV that does not meet the above criteria, the rider will not be allowed to start.

Compulsory equipment

Each participant must be equipped with :

- CE-standard full-face helmet with fixed or detachable chin strap
- knee pads
- long gloves
- CE back protector or bag with CE back protector

Elbow pads are strongly recommended.

Any competitor not in possession of the complete equipment will be refused the start. Unannounced checks may be carried out by a member of the organising team or by the FFC jury (see event regulations).

Competitors are solely responsible for the reliability of the protective equipment they use: helmets, elbow pads, knee pads, etc.

Competitors must wear the protective equipment required by the event regulations throughout the race, failing which they will be disqualified.

Cameras are only permitted on the visor with a removable device or on the handlebars of the bike (under no circumstances may they be placed on the rider's chest).