Declaration: I confirm and agree, to the fullest extent permitted by law, that I take part in this event entirely at my own risk and that I will not hold Athletic Veterans of Hong Kong (AVOHK), any sponsor of this event or any organization or person providing medical, catering, logistical, IT or other support or services for this event (or any member, committee member, director, employee, agent or contractor of any of the foregoing or any person otherwise associated with any of the foregoing) responsible for death or any injury or for any damage to or loss or destruction of property or any other economic loss or for any consequential loss, in any case arising from or connected with any accident or mishap or otherwise arising from or connected with this event, and whether during or after the event, in preparation for it, travelling to or from it or otherwise. I also agree to indemnify or reimburse AVOHK in respect of any additional expenses or costs incurred by AVOHK arising from or in connection with my participation in the event. I will not compete unless I am physically fit and sufficiently trained. I acknowledge that I cannot be assured of assistance in the event of a mishap. I acknowledge that the weather in Hong Kong can be hot and humid, and I will make every effort to keep myself adequately hydrated. I will make myself familiar with the route. I acknowledge and agree that AVOHK may (without reference to, and without prior approval of, or any payment to, any person) use, in any publicity material connected with AVOHK (including but not limited to any website) or any other lawful purpose, any photograph, film, videotape, record or visual or vocal reproduction of my participating in this event. You must be 18 years of age (or over) or the parent or guardian of a minor under 18 years of age in order to agree to the text above. If you are agreeing to the text above as the parent or guardian of a minor, you are agreeing for yourself and on behalf of the minor. If you register this race for other entrants, you also agree to this declaration on their behalf and also ensure that they fully understand and agree to this declaration. You must also understand that as this is an online registration, when you complete the registration that you fully agree to this declaration and terms & amp; conditions and your signature is not required. If there is any discrepancy between the English and the Chinese versions, the English version shall prevail.

聲明:本人謹此聲明並同意,在法律所容許的最大範圍內,本人倘於參加本活動期間或其後,或者在練習期間 ,或者在往返途中,或者在其他場合,在因意外或不幸事故而引起的或因意外或不幸事故相關的情況下或者在 因本活動而引起的或與本活動相關的情況下死亡、受傷、財物損毀、遺失或毀壞,或者遭受任何其他經濟損失 或任何隨之發生的損失,本人將自行承擔一切責任,香港元老田徑會、本活動任何贊助商或任何對本活動提供 醫療、膳食、物流、資訊科技或其他支援或服務的機構或個人(或任何上述者的任何成員、委員會成員、董事 、僱員、代理人或承辦商或者與任何上述者有關聯的任何人士), 毋須就此作出任何賠償或負上任何法律責任 。倘若因本人參加本活動或與本人參加本活動有關而導致香港元老田徑會承擔額外支出或費用,本人願意向香 港元老田徑會作出賠償或付還香港元老田徑會。本人必須在健康方面適合及已接受充份訓練始參加本活動。本 人知悉,倘若發生不幸事故,本人未必得到協助。本人知悉,香港的天氣可以很酷熱和潮濕,本人將盡力保持 自己水份充足。本人將令自己熟悉本活動的路線。本人確認並同意,香港元老田徑會可以在與香港元老田徑會 有關的任何宣傳物品中(包括但不限於在任何網站內)或為任何其他合法目的,使用本人參加本活動的任何照片 、影片、錄影帶、記錄或影音製品,而事先毋須諮詢任何人,亦毋須取得任何人 批准或毋須因此向任何人支付任何款項。為同意上述內容,閣下必須為年滿 18 歲(或以上)人士或年齡未滿 18 歲的未成年人的父母或監護人。假如閣下以父母或未成年人的監護人的身份同意上述內容,則閣下是代表自己 及該未成年人同意上述內容。假如閣下為多名其他參賽者登記參加這項賽事,則閣下亦同時代表他們同意此項 聲明並確保他們完全明白及同意此項聲明。閣下亦必須明白,由於這是網上登記,當閣下一旦完成登記,即代

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