

Licence renewal of sports federation

Health form « **SPORT - HQ** »

This medical form enable to know if you need to provide a medical certificate in order to take part of the competition.

Answer the following questions by YES OR NO*	YES	NO
In the last 12 months		
1) Does a family member suddenly died from heart trouble or an unexplained reason?	<input type="checkbox"/>	<input type="checkbox"/>
2) Did you feel a chest pain, palpitations, unusual shortness of breath or feel faint?	<input type="checkbox"/>	<input type="checkbox"/>
3) Have you got moment of wheeze (asthma) ?	<input type="checkbox"/>	<input type="checkbox"/>
4) Have you fainted?	<input type="checkbox"/>	<input type="checkbox"/>
5) If you have stopped practicing sport during 30 days or more, for medical reasons, did you restart without doctor agreement?	<input type="checkbox"/>	<input type="checkbox"/>
6) Have you start a long-term medical therapy (except of contraception and allergies desensitisation)	<input type="checkbox"/>	<input type="checkbox"/>
To date		
7) Do you feel pain, lack of strength or stiffness due to bone, joint or muscular problems (fracture, sprain, dislocation, tear, tendonitis, etc...) these past 12 months?	<input type="checkbox"/>	<input type="checkbox"/>
8) Is your sports activity interrupted for health reason?	<input type="checkbox"/>	<input type="checkbox"/>
9) Do you think you need a medical advice to undertake your sports activity?	<input type="checkbox"/>	<input type="checkbox"/>
<i>*NB : The given answer are the only responsibility of the athlete</i>		

If you have answer NO every questions:

No need to provide medical certificate. Just certify, according to the terms determined by the federation, having answer NO all questions when you pick up your bib.

Of you have answer YES one or several questions :

Medical certificate to provide, médical à fournir. Consult your doctor and give him that medical form.